

Summer 2020 Meal Menu

June 1, – July 31, 2020

Menu rotates every four weeks:

Breakfast: Assorted Cereal, bagels, pancakes, English muffins, Fruit, Milk

Lunch:

#1

* Chicken Nuggets, roll, broccoli spears, pineapples, milk
* Grilled Cheese sandwich , carrot sticks, apples, milk
* Tuna Fish Sandwich, cucumber slices, grapes, milk
* Hot Dog, bread, French fries/ tater tots, peaches, milk
* Bagel bites, salad, mixed fruit, milk

#2

* Turkey Sandwich, carrot sticks, apple slices, milk
* Nut Butter & Jelly sandwich, celery Sticks, banana, milk
* Chicken salad, pita bread, tomato slices, mandarin oranges, milk
* Cheese sandwich, mixed fruit, cucumber slices milk
* Ham & cheese wrap, salad with dressing, apple sauce, milk

#3

* Chicken sandwich, peas, peaches, milk
* Cheese quesadilla, salsa, pineapple, milk
* Chef Boyardee beef ravioli, carrots sticks, melon, milk
* Pasta salad, with chicken, mandarin oranges, milk
* Cream cheese pinwheels, ham, broccoli spears, berries, milk

#4

* Turkey Sandwich, carrot sticks, apple slices, milk
* Grilled Cheese sandwich , carrot sticks, pineapples, milk
* Chicken salad, pita bread, tomato slices, mandarin oranges, milk
* Chef Boyardee beef ravioli, carrots sticks, mixed fruit , milk
* Ham & cheese wrap, salad with dressing, apple sauce, milk

**Assorted Snacks:** Goldfish with yogurts, Animal Crackers with milk, Graham crackers with fruit

String Cheese with crackers, Pretzels with apple juice, chex mix with fruit, cheez-it with mixed fruit,

Accredited By FLOCS# 4616